

LET'S START Birding

ZEISS



NEW JERSEY
AUDUBON

Identifying Birds



Turdus migratorius
AMERICAN ROBIN

LENGTH: 10" | WINGSPAN: 17" | WEIGHT: 2.7 OZ

VOICE: Song a series of low whistled phrases, often followed by a pause. Call a clucking pup, plik, or sheer.

HABITAT: Any woodland habitat; common in suburban neighborhoods. Often found foraging on lawns and fields in flocks.

DIET: Winter diet primarily berries; in summer feeds mostly on earthworms.

①
**HOW BIG
IS THE BIRD?**

Is it large like a hawk, medium like a crow, small like a sparrow, or tiny like a hummingbird?

②
**WHAT IS ITS
OVERALL
SHAPE?**

Is the bird's body round like a ball, long and oval-shaped, plump or skinny? What shape is its head; its bill; its tail?

③
**WHAT
PATTERNS AND
COLORS
DO YOU SEE?**

Is the bird brightly colored or camouflaged? Does it have stripes, bars or dots? What color are its legs and bill?

④
**WHAT
SOUNDS
IS THE BIRD
MAKING?**

Listen closely. Birds have distinct songs, calls and warning sounds.

⑤
**WHERE
IS THE BIRD?**

Is the bird in the woods, in a lake, along a city street, in a field?

⑥
**WHAT IS THE
BIRD
DOING?**

Is the bird coming to a bird feeder or catching insects in the air? Is it walking on the lawn or diving underwater? Does it "bob" its tail?

TIPS FROM THE EXPERTS

GET OUTSIDE!

Get to know your neighborhood birds.

FIND, AIM AND FOCUS.

Practice using your binoculars.

PRACTICE GIVING GOOD DIRECTIONS TO A BIRD'S LOCATION.

Think of a tree or shrub as the face of a clock.

KEEP A BIRD SIGHTING JOURNAL.

Write notes and draw.

KEEP LEARNING.

Get to know your field guide and talk to other birders.

WEAR EARTH TONE COLORED CLOTHING.

Make sure not to scare the birds!

When bird watching:

MOVE SLOWLY.

TALK SOFTLY.

RESPECT A BIRD'S SPACE.

DON'T TRESPASS.

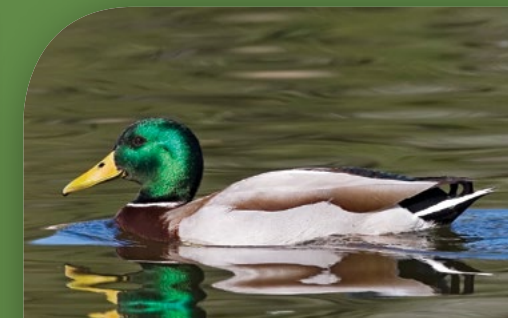
BE A GOOD ROLE MODEL FOR OTHERS.

HAVE FUN AND SHARE BIRDS WITH OTHERS.

CHECKLIST OF 25 Common birds



Canada Goose



Mallard



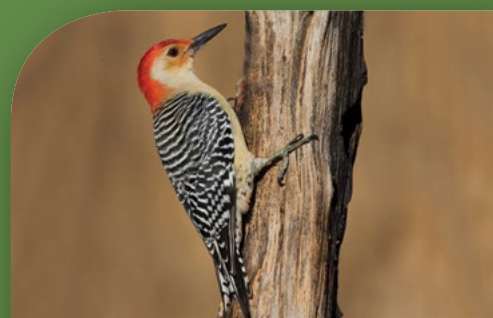
Rock Pigeon



Mourning Dove



Ruby-throated
Hummingbird



Red-bellied
Woodpecker



Downy
Woodpecker



Blue Jay



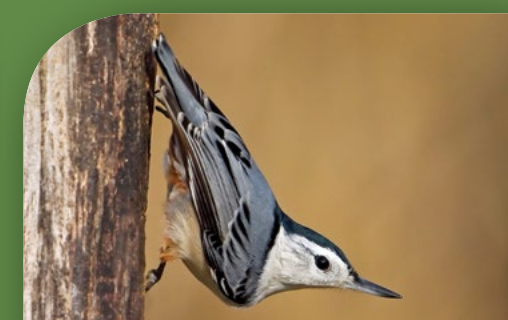
American Crow



Black-capped /
Carolina Chickadee



Tufted Titmouse



White-breasted
Nuthatch



House Wren



American Robin



Northern
Mockingbird



European Starling



Song Sparrow



White-throated
Sparrow



Northern Cardinal



Red-winged
Blackbird



Common Grackle



Brown-headed
Cowbird



House Finch



American
Goldfinch



House Sparrow

Can you spot all 25?

KEEP TRACK OF THE BIRDS YOU SEE.

Contact New Jersey Audubon

VISIT ONE OF OUR NATURE CENTERS,
JOIN A PROGRAM, COME ON A BIRD
WATCHING WALK, OR TALK TO A BIRD EXPERT.
WE WANT TO HEAR FROM YOU!

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