



Muddy Hands Academy Details



SAMPLE DAY

- 9:00 am – Drop off, open-ended play and crafts with natural materials.
- 9:15 am – Clean up and Bathroom Break.
- 9:30 am – Outdoor Exploration, hiking, rolling logs, climbing, using real tools safely, confidence building activities.
- 10:30 am – Snack time, story time, sharing personal stories and Bathroom Break.
- 11:00 am – Child-led outdoor play time – time for following curiosity and discovery.
- 11:50 am – Transition time for pick-up, clean-up, bathroom break, etc.
- 12:00pm – Pick-up at Pavilion.

WHAT TO BRING

Listed below are some things each young explorer should bring with them every day:

- Water bottle and lunch/snack. We recommend something that does not need to be stored cold.
- Weather appropriate clothing. We will be spending as much time outdoors as possible. This includes some rain and snow!
- Comfortable hiking/walking shoes that might (will) get wet or muddy. Please no crocs or open-toed sandals. (Spare pair of socks and shoes encouraged!)
- Masks. Participants must be masked when inside.
- Backpack to carry lunch/snacks, water, and gear while on the property.
- Change of clothing for those extra muddy days!

LOCATION

We will begin each day at the Lorrimer Sanctuary Nature Center, located at 790 Ewing Ave, Franklin Lakes NJ 07417. This will be our starting and ending point of each day, while the majority of the day will be spent out on our trails.

CANCELTION POLICY

If your child is absent for any reason tuition fees are not refunded.

In the event of severe weather, NJA will notify participants no later than 7:30 am the day the program for any cancelations or delayed starts. If NJA needs to cancel the program for any reason, the prorated amount of that session will be returned to the participants, less a \$15 processing fee.